

YEOVIL4FAMILY MENTORS

Since 2011 **Yeovil4Family** has worked successfully in partnership with South Somerset District Council and key agencies in supporting families with complex needs by providing one to one support in the family home. Our role has been to deliver a family support programme by providing Link Workers and **Volunteer Mentors** who are the families' voice amongst the agencies so that they can regain control over their own lives and feel empowered and equipped to move forward.

During the summer of 2020, Y4F secured significant funding and is, therefore, looking to expand its reach from Yeovil to across South Somerset, with a view to greatly increasing the number of families that it is working with.

Working with a Link Worker, **Mentors play a crucial role** and without them the support programme could not function.

WHY BE A MENTOR?

- Be part of a fantastic family mentoring programme which matches mentors with a family living within South Somerset.
- By providing one-to-one non-judgmental listening support in the home, helping the family gain the support it needs to make changes and find solutions to their challenges, mentors have the opportunity to bring new hope into the lives of a family.
- Y4F's Mentors have seen 100s of families regain control over their own lives and feel empowered and equipped to move forward.
- The training that you receive and the skills that you learn will help build your CV and will benefit you generally in your every-day life.
- Volunteering has been shown to have immense benefits for the health and wellbeing of the volunteer.
- This could be your opportunity to make a real difference to your local community - knowing you have contributed to helping a client family gain hope for a better life and a better future.

TIME COMMITMENT

Being a volunteer Mentor takes approximately 2 hours each week; 1 hour with the family or individual you have been matched with and up to an hour with your Link Worker. You must be able to commit to being part of the programme for a minimum of 6-12 months.

WHAT WE OFFER

We know that it can appear daunting to take on a role such as this. Each Mentor will receive:

- an initial 12 hours training over six sessions spread over six weeks or 3 x longer day sessions depending on people's availability
- weekly support from their Link Worker
- back up support from the Programme Leader
- additional ad hoc training

WHAT NEXT?

To explore whether being a Y4F Mentor may be for you:

- Find out more about Yeovil4Family, please go to <https://yeovilcommunitychurch.co.uk/yeovil-4-family/>
- Please contact Deanne Mahony for further information.
 - o Email deanne.mahony@yeovil4family.org.uk
 - o Call the office on 01935 530050
 - o Post to Yeovil4Family, The GateWay, Addlewell Lane, Yeovil, BA20 1QN

We look forward to hearing from you.

